

the Village of Westover



Newsletter December 2017

www.villageofwestover.org

Santa Claus is Coming to Westover



Two Opportunities to Meet Santa!

Hampden Township Volunteer Fire Company will again sponsor its Operation Ho Ho! On Saturday, December 9th, Santa will make two stops in Westover with the Engine from Hampden Fire Company.

Croghan's Lane and Whitehill Drive at 10:30am

St James Court and Westover Drive at 11:00am

Westover Women's Club is again sponsoring Breakfast with Santa on Saturday, December 16th! See page 6 for details and registration information. This is an annual Westover favorite for the young at heart and all ages!

Civic Association

President: Ken Lee
Vice President:
Linda Lippert
Secretary: Kathleen Fey
Treasurer: David Krall
Zone Directors:
Steve Crosby
Anella Nickolas
Linda Lippert
Jackie Garno
Lisa Jansen
Ed Trador
Eric Laws
Dave Baboian
Laura Witte
Joe Washburn
Amy Waugh
Dean Converse
Lee Williamson
Kathleen Fey
Sally Conly
Cindy Haubert
Judy Ryan
Matt Treese
Wanda Johnson
Scott Cawthern

Important Dates

Operation HoHo
December 9, 10:30 & 11am
Santa Breakfast
December 16, 9-11am
Winter Solstice
December 21
Martin Luther King, Jr Day
January 15
Spring Clean Up Days
March 10 & May 12

What's New in Westover

On the Website

We are targeting a "go live" date of January 3, 2018 for the online directory. Thank you for your patience as we combine our databases and work to bring you this resource! Stay tuned to emails for information in the coming weeks.

Don't forget that you can see photos from years past via the website! You can share with friends and family, and even download them for free.

On Nextdoor

Nextdoor is a voluntary social network with over 200 neighbors online. Examples of things you can find on Nextdoor lately are local train displays, Christmas tree farm recommendations, and home services referrals. As the Civic Association does not maintain lists of recommended businesses or services, this is a great way to get local feedback from Westover and other nearby neighbors. Visit www.nextdoor.com to see if this social network could be useful for you. You will need to verify your address to participate.

Remember you can select to follow only Westover in addition to other local neighborhoods. Carefully select who you want to see your post before you hit the send button! Your post may not need to be read by all 40+ nearby communities and you may solicit unnecessary responses by posting to more than you intended.

Nextdoor recently began using advertisements and there are guidelines for business or personal solicitation. Please read the Community Guidelines to inform any personal posts if you have questions. The Westover Civic Association does not manage this social media app or its content.

We Need Your Help

Volunteer organizations such as Civic Association benefit most from member involvement. Send us your ideas for newsletter articles! Do you know a neighbor who has celebrated a recent milestone or achievement? Have a special interest story? We welcome communication and feedback at westover@villageofwestover.org. **Also, if you have not yet paid your dues, now is the time!** Civic Association dues facilitate many neighborhood activities and maintenance. Please visit the Membership section of the website or use the PayPal link on the website to pay your dues.

Public Safety Update

This update is brought to you courtesy of Detective Higgins , Hampden Twp Police Dept.



Neighbors, continue to be vigilant in watching your bank accounts due to the recent surge in skimmers placed at gas pumps and ATMs. If a card reading device appears to have been tampered, notify the business or bank immediately.

It is also a common time for thieves to steal delivered packages. Make sure you are tracking your deliveries and notify police and company when they do not arrive. Phone scams will also start running heavy from now all the way through tax season. Do not give any information to people over the phone and call police if you are not sure who you are talking to.

If you are interested, you can follow the [Hampden Township Police Blotter](#) here.



Hampden Township Snow Removal Policy

With leaf collection ending December 15th, we shift to snow removal reminders! Many thanks to Hampden Township for working diligently, especially since Thanksgiving, to clear the leaves many of us raked to the curb. Following are highlights from the Township's snow and ice emergency ordinance:

A "general" or "limited" snow emergency will be declared whenever street conditions are dangerous because of snow accumulation. A "limited" emergency normally will be called when eight or more inches of snow is forecast. The emergency will continue for 24 hours after the snowfall ends or until cancelled by the Township Manager. A "general" emergency will be declared under dire blizzard conditions. Vehicles traveling in the Township during a general emergency must have four-wheel drive capability or be equipped with chains or snow tires (all season radial tires are not considered snow tires).

The parking of vehicles on any street, road or highway during a general or limited emergency is banned.

Following are snow removal priorities: Plowing will begin when snow is three inches deep.

Top priorities are all main and secondary roads, including Orr's Bridge Road, Good Hope Road, Lamb's Gap Road, Salem Church Road, Creekview Road, Central Boulevard, Erb's Bridge Road, Skyport Road and Technology Parkway.

After the main roads are clear and remain passable, road crews will attempt to open the principle access road to each development. However, if main roads require additional attention, development plowing may have to be halted.

After the snow has stopped falling, plows will return to the developments to make a pass on each of the roads in each direction. Once all development roads are open, plows will return to widen them, if possible, to the curb.

Residents can help in three ways: don't travel unless necessary; don't shovel or blow snow onto plowed or treated streets (the Township has an ordinance that prohibits this, under penalty of law); and move your car off the street, so that plows have more room to operate. This is especially critical in cul-de-sacs.

Snow removal from sidewalks is generally required within 48 hours after a storm. Please note that snow removal is not conducted in any Township Park. McCord Commons is a Township Park and the Westover Civic Association aligns with this practice.

Westover Civic Association

Officers and Zone Directors

Congratulations and thank you to Ken Lee who will continue as our President and David Krall who will continue as our Treasurer!

Listed below are our current **Zone Directors**. Zone Directors need not live in the designated zone in order to volunteer; some have elected to serve different parts of the neighborhood that were not represented. Thank you to these volunteers who help keep residents engaged and represent voices on Board decisions and votes. Curious where you live? See the next page for a list of zones by address.

Zone 1: Steve Crosby
Zone 2: Anella Nickolas
Zone 3: Linda Lippert
Zone 4: Jackie Garno
Zone 5: Lisa Jansen
Zone 6: Ed Trador
Zone 7: Eric Laws
Zone 8: Dave Baboian
Zone 9: Laura Witte
Zone 10: Joe Washburn
Zone 11: Amy Waugh
Zone 12: Dean Converse
Zone 13: Lee Williamson
Zone 14: VACANT
Zone 15: Kathleen Fey
Zone 16: Sally Conly
Zone 17: Cindy Haubert
Zone 18: Judy Ryan
Zone 19: VACANT
Zone 20: VACANT
Zone 21: Matt Treese
Zone 22: Wanda Johnson
Zone 23: Scott Cawthern

Please email westover@villageofwestover.org if you have any questions about your zone, how to contact your zone director, or to volunteer with Board activities.

<u>ZONE</u>	<u>AREA</u>
1	6340 – 6359 Stephen’s Crossing
2	6322 – 6339 Stephen’s Crossing
3	6302 – 6321 Stephen’s Crossing
4	4 – 8 Nicholas Court 6116 – 6230 Stephen’s Crossing
5	4 – 10 Bracken Court 6100 – 6115 Stephen’s Crossing
6	6100 – 6204 Westover Drive
7	6205 – 6228 Westover Drive
8	6328 – 6350 Pennsboro Drive
9	204 – 216 Berkley Drive
10	210 Grogan’s Lane 6202 – 6330 Whitehill
11	800 – 825 Pamela’s Lane
12	1 – 22 Kensington Square
13	23 – 244 Kensington Square
14	6201 – 6359 Stanford Court
15	6361 – 6395 Stephen’s Crossing
16	1 – 19 King’s Arms
17	1 – 19 Devonshire Square
18	20 – 38 Devonshire Square
19	39 – 59 Devonshire Square
20	200 – 210 Greenwich 202 – 203 Northwood Circle 203 – 215 St. James Court 5908 – 5920 Westover Drive
21	202 – 204 Downing Place 201 – 205 Friars Court 202 – 206 St. James Court 5800 – 5808 Stephen’s Crossing 5908 – 5913 Westover Drive
22	5801 – 5925 Stephen’s Crossing
23	1 – 17 Jamestown Square

Village of Westover
Santa Breakfast!
December 16th, 2017
9am-11am
RED SKY CAFE



4444 CARLISLE PIKE | CAMP HILL, PA 17011

Please join us for our annual Westover Santa Breakfast! Mr. Claus will be greeting our little ones after enjoying a wonderful breakfast compliments of the Red Sky Café. There will be ample time for pictures and activities for the children. This event is open to everyone in our neighborhood! No children required! Please feel free to invite your family! Raffle baskets with amazing prizes! Enter to win! Gas and Grocery Basket: \$25 Sheetz gift card and \$20 Weis gift card. Kids Night Out Basket: 6 free games plus shoe rental from Trindle Bowl plus ice cream, gift card, Dinner & Drinks Basket: \$20 Brewhouse gift card, \$15 Pizza Grille gift certificate and \$25 Your Place gift card. Just Dance! Basket: iPod! Holiday Meal on Us! Basket: \$100 Wegman's Gift Card. All proceeds support the Westover Women's Club and Care & Share Fund. *Raffle tickets can be purchased upon arrival at check-in*



Price:

Adults: \$15PP

Children 2-10 years old: \$10
Under 2: Free!

Please RSVP by Dec 10th with payment to westoversanta@gmail.com
With name/number of guests and ages of

children as well as contact information.
RSVP early to reserve your spot!

Please send checks payable to
Westover Women's Club by Dec. 10th
and send to
Krystin Gilligan
6330 Penusboro Drive
Mechanicsburg, PA 17050





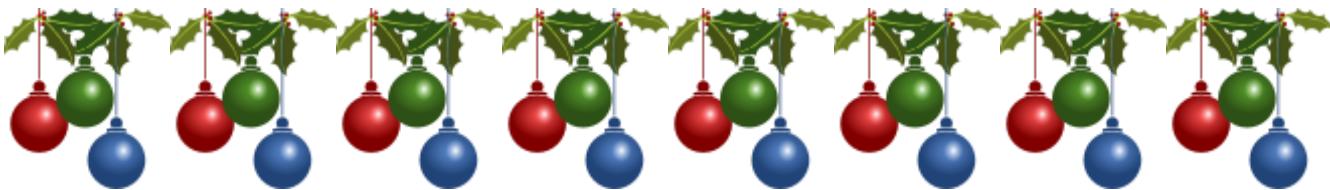
Neighbors, service, friendship, food and fun...a Westover tradition for approximately 40 years! You'll find great food and drink at our September through May monthly gatherings while getting to know your neighbors, enjoying a night out, and strengthening our community as we meet in a member's home for appetizers, desserts and drinks along with a short business meeting.

The Westover Women's Club has evolved over the past 40 years, but has endured with the changing of times. With that understanding, and after much feedback from the women living in our neighborhood today, the Women's Club will operate a little differently than in recent and past years. Most meetings will be BYOB, and in place of the full "gourmet" meals of the past, women are welcome to bring along favorite appetizers, side dishes or desserts to share, but it is certainly not required to attend. The "business" part of the meetings will be kept as short as possible. We are looking to add fun events like Bunco nights. If you have a fun idea for a themed meeting night or activity, please let us know.

In addition to the wonderful social aspect, the Women's Club operates the Westover Care and Share Charity, which raises money to provide urgent financial help to families in the greater community. The Women's Club is positively impacting the lives of those in need.

For our neighborhood kids, the Westover Women's Club sponsors an Easter Egg Hunt, Fall Pumpkin Carving and Holiday Breakfast. The Club also sponsors the Spring and Fall Yard Sales and co-chairs the Spring Picnic in McCord Commons with the Westover Civic Association.

To join Westover Women's Club or be added to the email list,
email westoverwomen@gmail.com. Annual dues are \$20.



Tips for Managing Holiday Stress

For many of us, the holiday season can bring an increased sense of family responsibility and, along with it, additional feelings of stress or loneliness. Advertisements about the joys of the season can seem lost on us as we scurry around trying to do even more than usual. It's easy to feel overwhelmed. Unfortunately, we may turn to unhealthy stress management behaviors such as overindulging in eating or drinking to keep going. These actions don't help and often make us feel worse. There are better, healthier and longer-lasting techniques we can use to make holiday stress – and other stressful times – more manageable.

The [American Psychological Association](#) suggests these tips:

- **Strengthen social connections** – We know that strong, supportive relationships help us manage all kinds of challenges. So, we can view the holidays as a time to reconnect with the positive people in our lives. Accepting help and support from those who care about us can help alleviate stress. Also, volunteering at a local charity on our own or with family can be another way to make connections; helping others often makes us feel better, too.
- **Initiate conversations about the season** – It can be helpful to have conversations about the variety of different holiday traditions our families, friends and others may celebrate. Parents can use this time as an opportunity to discuss how some families may not participate in the same holiday traditions as others. Not everyone needs to be the same. It is important to teach open-mindedness about others and their celebrations.
- **Set expectations** – It is helpful to set realistic expectations for gifts and holiday activities. Depending on a child's age, we can use this opportunity to teach kids about the value of money and responsible spending. We need to remember to pare down our own expectations, too. Instead of trying to take on everything, we need to identify the most important holiday tasks and take small concrete steps to accomplish them.
- **Keep things in perspective** – On the whole, the holiday season is short. It helps to maintain a broader context and a longer-term perspective. We can ask ourselves, what's the worst thing that could happen this holiday? Our greatest fears may not happen and, if they do, we can tap our strengths and the help of others to manage them. There will be time after the holiday season to follow up or do more of things we've overlooked or did not have the time to do during the holidays.
- **Take care of yourself** – It is important that we pay attention to our own needs and feelings during the holiday season. We can find fun, enjoyable and relaxing activities for ourselves and our families. By keeping our minds and bodies healthy, we are primed to deal with stressful situations when they arise. Consider cutting back television viewing for kids and getting the family out together for fresh air and a winter walk. Physical activity can help us feel better and sleep well, while reducing sedentary time and possible exposure to stress-inducing advertisements.

Westover Mailbag

Dear Westover Civic Association,

Q: I am an avid reader and just learned of the Hampden Township/Fredricksen Library service. Can you tell me more?

A: Fredricksen Library continues to provide a pick-up and drop-off site for library materials at the Hampden Township Recreation Building. This convenient service allows Hampden Township residents to receive and return Cumberland County Library System materials at this location.

Library requests can be made in the same manner as before – online, by phone or in-person at any library by using a county library card. Residents will now be able to designate Hampden as the pick-up destination. Patrons will receive notification, either by automated phone message or via email that their item is ready to be picked up at the Township Recreation Building.

Materials can be picked up at the Recreation Building, located at 5001 Hampden Park Dr., Mechanicsburg, during normal operating hours, 7:30 a.m. to 4:30 p.m. Monday to Friday. Residents must show their library card to access the items. They can be dropped off at any time during operating hours or by placing them in a drop box. Items will be transported back to Fredricksen Library where they will be checked in. Normal overdue charges will apply if materials are late.

Fredricksen Library is a member of the Cumberland County Library system and services residents of five communities, including Camp Hill Borough, Hampden Township, Lemoyne Borough, Lower Allen Township and Wormleysburg Borough. It also operates the East Pennsboro Branch Library in Enola. For more information, visit www.fredricksenlibrary.org.

Westover Willie

Dear Westover Willie,



Q: Do you see runners and walkers before dawn or after sunset?

A: Well, not to toot my own horn, but owls have extraordinary night vision and we can see 35 to 100 times better than humans can in dim light. For that reason, I advise runners and walkers to wear reflective clothing and lights or beacons if possible. The active folks who live here in Westover don't often let darkness or cold weather stop them from getting out. If you want to be seen by other humans, especially ones who drive fast cars, please wear reflective apparel!

Q: When will the oak and maple trees finally shed all their leaves so I can stop raking?

A: Nature always has a lesson for us. Trees teach us to let go sometimes so we can survive what is coming next! Don't worry, all your hard work raking is not unnoticed. I've seen the Hampden Township folks coming on Fridays to collect the leaves and they'll come through December 15th.



the Village of
Westover

Village Of Westover Contact List	
Name	Phone number
EMERGENCY – Fire, Police, Ambu-	911
Westover Civic Association	Villageofwestover.org
Comcast Cable	1-800-934-6489
Cumberland County Offices	717-240-6100
Cumberland Valley School District	717-697-8261
District Justice	717-697-2201
Fredricksen Library	717-761-3900
Hampden Township	717-761-0119
Hampden Pool	717-737-4219
Hampden Recreation Department	717-761-4951
Hampden Township Utility Depart-	717-909-7145
Humane Society	717-564-3320
PA American Water Co	1-800-565-7292
P A Dept. of Transportation	1-800-932-4600
Poison Control Center	1-800-222-1222
PPL Electric Utilities	1-800-342-5775
Township Tax Collector	717-737-4822
UGI Gas Utilities Inc	1-800-276-2722
United Water PA	717-564-3662
Verizon Communications	1-800-837-4966
York Waste Disposal (bulk pickup)	1-800-210-9675

WESTOVER NEWSLETTER POLICY. This newsletter is published by the Westover Civic Association to inform its members of the many Village of Westover projects, activities and improvements that are relevant to the entire neighborhood. We are unable to accommodate personal requests and business solicitations or advertisements. All photos published in the newsletter are with permission or are in the public domain. We solicit your comments or concerns as well as ideas for newsletter articles by going to www.villageofwestover.org. If you find a photo offensive please email us at the Village of Westover Civic Association website.